

CALIBER	RATE OF TWIST	BULLET DIAMETER
17 REMINGTON	9	0.172
22 HORNET	16	0.224
222 REMINGTON	14	0.224
223 REMINGTON	14	0.224
222 REMINGTON MAGNUM	14	0.224
224 WEATHERBY	14	0.224
22-250 REMINGTON	14	0.224
220 SWIFT	14	0.224
22 PPC	14	0.224
225 WINCHESTER	14	0.224
6 PPC	12	0.243
6MM BR REMINGTON	12	0.243
243 WINCHESTER	10	0.243
6MM REMINGTON	9	0.243
240 WEATHERBY	10	0.243
250 SAVAGE	14	0.257
257 ROBERTS	10	0.257
25-06 REMINGTON	10	0.257
257 WEATHERBY	12	0.257
257 STW	12	0.257
6.5 X 55 SWEDISH MAUSER	8	0.264
6.5 REMINGTON MAG	9	0.264
260 REMINGTON	9	0.264
264 WINCHESTER MAG	9	0.264
270 WINCHESTER	10	0.277
270 WEATHERBY	12	0.277
7 X 57 MAUSER	8	0.284
7MM-08 REMINGTON	9	0.284
280 REMINGTON	10	0.284
7MM REMINGTON MAG	10	0.284
7MM WEATHERBY	12	0.284
7MM STW	12	0.284
284 WINCHESTER	10	0.284
30-30 WINCHESTER	12	0.308
300 SAVAGE	12	0.308
307 WINCHESTER	12	0.308
308 WINCHESTER	12	0.308
30-06 SPRINGFIELD	10	0.308
300 H&H MAGNUM	10	0.308
300 WINCHESTER	10	0.308
300 WEATHERBY	12	0.308
303 BRITISH	10	0.311
8 X 57 MAUSER	9	0.323
8MM REMINGTON MAG	10	0.323
338 WINCHESTER MAG	10	0.338
340 WEATHERBY	12	0.338
375 WINCHESTER	12	0.375
375 H&H MAGNUM	12	0.375
378 WEATHERBY MAG	12	0.375
416 REMINGTON MAG	14	0.416
416 RIGBY	14	0.416
416 WEATHERBY MAG	14	0.416
458 WINCHESTER MAG	14	0.458
460 WEATHERBY	14	0.458